**2023 Spruce Creek Swim Team Attendance Policy**

Attendance at practices, meets, and other team events demonstrates dedication to the team and the sport and is a must for improved growth and development. The coaching staff wants each swimmer to work towards his or her highest level of achievement.

Summer practices on the beach south of Sunglow Pier include yoga 7:00- 8:00 pm July 3, 10, 17, 24 and general dryland 6:30 – 7:15 pm July 6, 13, 20, and 27. Swim practices will be announced as soon as the Y approves our schedule.

Unexcused absences remain as unexcused and can result in the swimmer being removed from the team. In general, a missed practice is unexcused because the swimmer did not contact Coach Anne prior to the practice or because of some non-school elective activity.

\*\*Attendance is also part of the determination of a Varsity letter, Junior Varsity letter, or a certificate at the end of the season. Parents, your support is crucial.\*\*

***Each swimmer and parent should initial the following rules to indicate understanding and acceptance.***

\_\_\_\_\_\_\_\_ ­­­\_\_\_\_\_\_\_\_\_\_1. Beginning August 14, swimmers must train with Creek during all scheduled practices.

\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ 2. School related activities or family conflicts resulting in a missed practice or team event must be approved prior to the event. Normally there are no pre-approved absences for District swimmers after 5 Star.

\_\_\_\_\_\_\_\_ \_ \_\_\_\_\_\_\_\_ 3. Although the coaching staff values academic success over swimming success, homework is not an excused absence. Swimmers are expected to manage their time and avoid procrastination of assignments. Swimmers may take 3 “homework” days on Thursdays by swimming the first 45 minutes of practice and then leaving.

\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_4. A swimmer who must stay after school should inform Coach Anne.

\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_5. Missing practice or leaving early because of a job or most non-school activities is normally unexcused.

\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_6. Swimmers who attend school all day are expected to be at practice. A swimmer who misses school on the day of a meet will not swim in the meet. When illness prevents a swimmer from coming to practice, a parent should email Coach Anne.

\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_7. After the first unexcused absence, a coach will speak with the swimmer. After the second unexcused absence, a coach will email the parent. After the third unexcused

absence, the swimmer will not swim in the next meet but must serve as a volunteer at the meet. After the fourth unexcused absence, the swimmer may be removed from the team.

***Swimmers, please contact Coach Anne throughout the season regarding any absences.***

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Swimmer name (printed and signed) Parent name (printed and signed)