

## **Spruce Creek Swim Team Mission Statement**

### **GOALS:**

**To be a top 4A swimming program through achievement and team unity**

**To rank top 5 GPA among all 4A schools**

**To have each swimmer achieve PRs in 2 events each season**

**To win 5 Star for both Girls and Boys Teams**

**To score top 3 at Districts, top 10 at Regions, and top 20 at State**

**To achieve NISCA Academic American status by 80% of our seniors**

**To instill a life-long love of swimming through enjoyment and accomplishment**

### **ATTITUDE: BE PROUD TO BE A HAWK**

**H**ard-working

**A**ccountable

**W**elcoming

**K**nowledgeable

**S**incere

### **METHOD:**

#### **Excellence in the classroom and pool**

- Do EXTRA
- Discipline and dedication
- Positive attitude and effort
- Value and support for your teammates
- Celebrate your own, your team's, and your teammates' achievements
- Respect the commitment of your teammates and yourself

#### **Challenge for yourself and your teammates**

- Goals
- Never be satisfied; work to improve
- Accept challenges in workouts and competition

#### **Preparation**

- Have a plan to reach your goals
- Mental and physical
- Find ways to contribute to the team

#### **Embrace competition**

- Treat training as an opportunity to prepare for competition
- Do the work necessary to be successful
- Display sportsmanship at all times

**Be a Leader**

- For yourself and your teammates
- Be loyal and humble
- Display the highest level of character and integrity

**Be a servant**

- To your team
- To your school
- To your family